



LUNCH MENU

AVAILABLE UNTIL 2:30PM MONDAY THRU FRIDAY

*RUSA LIMONADA 4

*HORCHATA 3.95

*MILK 2.75

*APPLE OR ORANGE JUICE 2.75

*JARRITOS 3.75

*MEXICAN PEPSI 3.75

FLAVORED LEMONADE 3.50 (1 REFILL)

PEPSI PRODUCTS 3.25 (REFILL AVAILABLE)

NO REFILLS UNLESS SPECIFIED

EL FOGON

1250 8th St.

West Des Moines, IA 50265

515 635-0133

EL FOGON - WEST GLEN

5465 Mills Civic Parkway Suite 101

West Des Moines, IA 50266

515 221-7981

PICK YOUR OWN 7

PICK ANY ONE, SERVED WITH RICE AND BEANS

Burrito (Deluxe add 1 dollar more), Enchilada, tostada, chile relleno, tamal, hard or soft shell taco, taco supremo, quesadilla.

BURRITO VERDE 8.5

Marinated carnitas (pork) burrito topped with blend of green salsa and cheese sauce, served with rice, lettuce & pico de gallo.

CANTINFLAS LUNCH 8

Four small chimichangas, 2 chicken and 2 beef, topped with cheese dip and enchilada sauce.

CHIMICHANGA 8

You know this one, with choice of chicken or beef, served with rice and beans, lettuce, tomato and sour cream.

LUNCH MOLE POBLANO 10.5

Grilled marinated chicken breast covered with a mild mole poblano sauce and topped with sesame seeds. Served with white rice, coleslaw, corn salsa, and tortillas.

QUESADILLA DEL MAR 9.5

Flour tortilla stuffed with grilled shrimp, onions and mushrooms, served with white rice, coleslaw & corn salsa.

ARROZ CON POLLO 8.5

Grilled marinated chicken strips over a bed of rice topped with our delicious cheese sauce.

MARCO'S BURRITO 9.5

Grilled steak cooked with onions and bell peppers, wrapped in a flour tortilla, topped with our creamy house recipe cheese sauce, served with rice.

FAJITA QUESADILLA 9.5

Our grilled cheese, onions and colored bell peppers inside the quesadilla, served with rice, lettuce, sour cream and tomato. Choice of chicken, steak or mushroom.

RAPIDO LUNCH (FAST) 7.5

Enchilada, taco and choice of rice or beans.

LUNCH FAJITAS 10.5

Classic mix of colored peppers, onions, grilled steak, chicken or mixed. Served with rice, beans, lettuce, tomato, sour cream and fresh handmade corn tortillas.

AVAILABLE CATERING

MINIMUM OF 20 PEOPLE

PRICE PER PERSON

- Meat Take 1 \$12
- Meat Take 2 \$13
- Meat Take 3 \$14
- Meat Take 4 or more, inquire for price

MEAT CHOICES

- Chile Verde (Pork)
- Chile Colorado (Steak)
- Pork Carnitas
- Steak Fajitas
- Chicken Fajitas
- Veggie Fajitas
- Grilled Chicken Taco Bar
- Grilled Steak Taco Bar

EXTRAS

- Plastic Silverware, napkins and disposable plates are \$0.50 cents more p/person.
- Cheese Sauce 32 oz (1 Lt, container) \$25.00
- Deposit \$200.00 (\$50 refunded back when returning pans and all equipment)
- Delivery and set up available, inquire for price

ALL ORDER INCLUDES

Rice, beans, chips, salsa, soft corn or flour tortillas

IN ADDITION:

Choice of any two:
Cilantro, onion, lettuce, tomato, sour cream, shredded cheese, limes or corn salsa
(for hand made tortillas \$2.00 per person)

PLEASE NOTE:

Minimum Order \$200 for delivery

BEVERAGES

- Horchata rice water \$15.00 per gallon
- Fresh brewed iced tea \$7.00 per gallon
- Assorted cans of soda \$1.50
- Bottled Water \$1.00

KIDS OPTION

- Each Option \$5.00
- Chicken Tenders & Fries
 - Grilled Chicken & Fries or Rice

SUPER BURRITO LUNCHEON

\$11.00 PER PERSON

Amazing Burrito filled with choice of meat, rice, beans and cheese.

- Ground Beef
 - Shredded Chicken
 - Veggies
- This includes only chips and salsa

BUILD YOUR OWN TACO

\$10.00 PER PERSON

Choose from Ground Beef or Shredded Chicken
Includes: rice, beans, tortillas (Corn or Flour), lettuce, and shredded cheese.
Is available by the tray. Call for more details.

DESSERTS AND APPETIZERS

- Mexican street corn \$3.00 per person
- Cinnamon Churros \$3.00 per person
- Sopapillas \$3.50 per person
- Cheese cake taquito \$3.50 per person



We are excited to offer our catering services for your event!

Inquire today!!