



LUNCH MENU

AVAILABLE UNTIL 2:30PM MONDAY THRU FRIDAY

*RUSA LIMONADA 4

*HORCHATA 3.95

*MILK 2.75

*APPLE OR ORANGE JUICE 2.75

*JARRITOS 3.75

*MEXICAN PEPSI 3.75

FLAVORED LEMONADE 3.50 (1 REFILL)

PEPSI PRODUCTS 3.25 (REFILL AVAILABLE)

NO REFILLS UNLESS SPECIFIED

EL FOGON

1250 8th St.

West Des Moines, IA 50265

515 635-0133

EL FOGON - WEST GLEN

5465 Mills Civic Parkway Suite 101

West Des Moines, IA 50266

515 221-7981

PICK YOUR OWN 7

PICK ANY ONE, SERVED WITH RICE AND BEANS

Burrito (Deluxe add 1 dollar more), Enchilada, tostada, chile relleno, tamal, hard or soft shell taco, taco supremo, quesadilla.

BURRITO VERDE 8.5

Marinated carnitas (pork) burrito topped with blend of green salsa and cheese sauce, served with rice, lettuce & pico de gallo.

CANTINFLAS LUNCH 8

Four small chimichangas, 2 chicken and 2 beef, topped with cheese dip and enchilada sauce.

CHIMICHANGA 8

You know this one, with choice of chicken or beef, served with rice and beans, lettuce, tomato and sour cream.

LUNCH MOLE POBLANO 10.5

Grilled marinated chicken breast covered with a mild mole poblano sauce and topped with sesame seeds. Served with white rice, coleslaw, corn salsa, and tortillas.

QUESADILLA DEL MAR 9.5

Flour tortilla stuffed with grilled shrimp, onions and mushrooms, served with white rice, coleslaw & corn salsa.

ARROZ CON POLLO 8.5

Grilled marinated chicken strips over a bed of rice topped with our delicious cheese sauce.

MARCO'S BURRITO 9.5

Grilled steak cooked with onions and bell peppers, wrapped in a flour tortilla, topped with our creamy house recipe cheese sauce, served with rice.

FAJITA QUESADILLA 9.5

Our grilled cheese, onions and colored bell peppers inside the quesadilla, served with rice, lettuce, sour cream and tomato. Choice of chicken, steak or mushroom.

RAPIDO LUNCH (FAST) 7.5

Enchilada, taco and choice of rice or beans.

LUNCH FAJITAS 10.5

Classic mix of colored peppers, onions, grilled steak, chicken or mixed. Served with rice, beans, lettuce, tomato, sour cream and fresh handmade corn tortillas.