



WEST GLEN

# APPETIZERS

## SHRIMP ROSE DELICIOUS

6 jumbo breaded shrimps served with delicious chipotle sauce 6

## \*CEVICHE

The dish is typically made from fresh fish cured in citrus juices, such as lime, and perfectly spiced with our chef's recipe. Served with avocado & mango. Shrimp 8 Fish 7

## NACHOS:

Ground beef or Shredded chicken 8  
Would you like to make them Supreme for 2  
(Lettuce, sour cream & pico de gallo)

## NACHOS FAJITA

Grilled Bell pepper, onion, with Steak or Grilled chicken with cheese sauce, topped with lettuce, sour cream pico de gallo & guacamole. 12

## BLACK BEAN NACHOS

Topped with yummy jalapeño peppers and generous helping of cheese blends. 9

NACHOS. Plain only Cheese 5  
Add beans for 1

## THE HUNGRY IOWAN

This is a Mexican-style meal, made up of a selection of various dishes, for a hungry one who wants to try a little of everything: Potato taquito, Tamal, Chile relleno, Cheese quesadilla & Sope de chorizo sausage. 15.50

## 8th St. Appetizer

8 bite size deep fried to a golden brown chimichangas covered with house cheese sauce, served with lettuce, sour cream, cheese and tomatoes. Chicken or Beef 10

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness



# GUACAMOLE ON STONE

Diced and chunky avocados perfectly seasoned, lemon juice for taste served on a volcanic molcajete stone. 8

Elote con Mayonesa 4  
Guacamole Dip 4  
Cheese Dip 4  
LG Cheese Dip 8  
Bean Dip 5  
Chori-Queso Fundido 9  
Add Mushrooms for 1  
Spinach Fundido Dip 8  
Add Mushrooms for 1



Fogon Dip - Delicious blend of perfectly seasoned grilled chicken, steak, shrimp and mushrooms in our savory house cheese sauce and diced pickled jalapeños 10

PA'LA GENERALA Tender seasoned ribeye steak served with red chilaquiles and two sunny side up eggs, with beans and queso fresco. 14

ENCHILADAS SUNNY SIDE UP Two chicken enchiladas covered with our exquisite mole poblano sauce, topped with two sunny side up eggs, served with white rice and house corn salsa, sour cream & coleslaw. 12

HUEVOS DIVORCIADOS "Divorced eggs" featuring two over easy eggs, separated by rice, beans & queso fresco, one egg is covered in salsa roja, while the other is covered in salsa verde, giving them distinct and complimentary flavors. Accompanied with 3 fresh corn hand made tortillas. 9

HUEVOS RANCHEROS Ranch over easy eggs smothered in cooked tomato salsa. When you cut into them, the egg yolks mix in with everything. Served with rice, beans, queso fresco, With side of fresh handmade corn tortillas. 10

HUEVOS CON CHORIZO It's made by mixing Chorizo with scrambled eggs, served with rice and beans, queso fresco. With side of fresh handmade corn tortillas. 10

# SOUPS

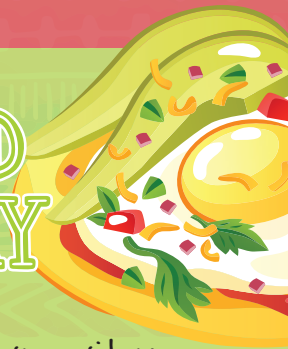
## SOPA AZTECA

It's shredded chicken in a rich and spicy tomato broth with house corn salsa, balanced with avocado, cheese and sour cream with tortilla strips added for crunch. 10

## CALDO MICHÍ (FROM THE NÁHUATL WORD MICHÍ, MEANING FISH)

This savory soup is cooked in the seafood's own juices blending the flavors of fresh shrimp, tilapia fish, octopus, clams, crab legs, mixed with potato & carrots. 20

## SERVED ALL DAY





# LUNCH

Pick your own 6

**PICK ANY ONE, SERVED WITH RICE AND BEANS**

Burrito, - Deluxe add 1 dollar more, Enchilada, tostada, chile relleno, tamal, hard or soft shell taco, taco supremo, quesadilla.

**BURRITO VERDE** Marinated carnitas (pork) burrito topped with blend of green salsa and cheese sauce, Served with rice, lettuce & pico de gallo. 8

**CANTINFLAS LUNCH** Four small chimichangas 2 chicken and 2 beef, topped with cheese dip and enchilada sauce. 7

**CHIMICHANGA** You know this one, with choice of chicken or beef, served with rice and beans, lettuce, tomato and sour cream. 7

**LUNCH MOLE POBLANO** Grilled marinated chicken breast covered with a mild mole poblano sauce and topped with sesame seeds. Served with white rice, coleslaw, corn salsa, and tortillas. 9

**QUESADILLA DE MAR** Flour tortilla stuffed with grilled shrimp, onions and mushrooms, served with white rice, coleslaw & corn salsa. 9

**ARROZ CON POLLO** Grilled marinated chicken strips over a bed of rice topped with our delicious cheese sauce. 8

**MARCO'S BURRITO** Grilled steak cooked with onions and bell peppers, wrapped in a flour tortilla, topped with our creamy house recipe cheese sauce, served with rice. 9

**FAJITA QUESADILLA** our grilled cheese, onions & colored bell peppers inside the quesadilla served with rice, lettuce, sour cream and tomato. 9  
Choice of Chicken, Steak or Mushroom.

**RAPIDO LUNCH (Fast) 7**

Enchilada, taco and choice of rice or beans

**LUNCH FAJITAS** Classic mixed of colored peppers, onions, grilled steak, chicken or mixed. Served with rice, beans, lettuce tomato, sour cream and fresh handmade corn tortillas. 10

# THE CLASSICS

**CHIMICHANGA**

Prepared by filling a flour tortilla with choice of shredded chicken or shredded beef, perfectly golden deep fried, topped with house special cheese sauce, served with rice, beans, lettuce, sour cream and tomato. 11

**CHILE POBLANO**

Consists of a cheese & smashed potato stuffed roasted poblano pepper covered in egg battering deep fried, topped with choice of steak or grilled chicken and cheese sauce, served with rice and beans. 12

**TAQUITOS DORADOS**

Four rolled-up tortillas filled with choice of shredded chicken or potato, crispy deep fried served with fresh lettuce, sour cream, green salsa and queso fresco. 9

**DESIGN YOUR OWN COMBO 9**

**PICK ANY TWO, SERVED WITH RICE AND BEANS**

Burrito, -Deluxe add 1 dollar more, Enchilada, tostada, chile relleno, tamal, hard or soft shell taco, taco supremo, quesadilla.

## QUESADILLAS



**FAJITA QUESADILLA** The most popular quesadilla, filled with quality melted cheese, choice of steak, grilled chicken or both mixed with grilled onions and bell peppers served with rice, lettuce, tomato and sour cream. 12

**MEXICAN-ITALIAN QUESADILLA** Choice of grilled chicken & cheese or steak & cheese quesadilla topped with cheese sauce, served with rice and beans. 12

**SHRIMP QUESADILLA** Warm folded tortilla filled with grilled onion, bell pepper and shrimp served with white rice, coleslaw & corn salsa 14

**SEAFOOD QUESADILLA** Cheese melted quesadilla filled with ocean goods: shrimp, imitation crab meat, scallops, perfectly grilled peppers & onions. Served with white rice, coleslaw & corn salsa. 15

# HEALTHY CHOICE

Cooked with coconut oil

**TRAINERS APPROVED:** Choose favorite Protein: Seasoned to perfection Salmon, or Tilapia or Charbroiled Chicken cooked with broccoli, mushrooms, zucchini, colored bell peppers and onions served with lettuce, tomatoes and avocado slices.

Tilapia 13 Steak 15 Salmon 16 Chicken 14

**FIT FAJITAS** perfectly grilled mushrooms, zucchini, broccoli, colored peppers with choice of steak or grilled chicken, served with lettuce, tomatoes and avocado slices 13

**THE HUNGRY COACH** Tender juicy rib eye and grilled shrimp with colored bell peppers and onions served with lettuce, tomatoes and avocado slices. 16

## BURRITOS



**BURRITO CALIFORNIA** The beast of a thing for hungry ones! carne asada, grilled chicken or both mixed, rice, beans, lettuce, pico de gallo, spice salsa, sour cream, guacamole. Topped with 3 salsas, white cheese, green and red. 14

**SHRIMP BURRITO** Large tortilla filled with grilled shrimp, onions, mushrooms and white rice, topped with flavorsome blend of green salsa and cheese sauce. Served with coleslaw and corn salsa. 14

**SUPER BURRITO** Amazing flavor fusion! this grilled ground beef and chorizo mixed with rice, beans, cheese and spicy salsa, lettuce and pico de gallo. 10

**BURRITOS DELUXE** one beef and one chicken, covered with house burrito sauce, topped with lettuce, tomato and sour cream. 9

**CHEESE STEAK BURRITOS** House favorite! Two steak and lettuce burritos topped with a bunch of cheese sauce, served with rice and beans. 12

**DINNER BURRITO VERDE** Marinated carnitas (pork) burrito topped with blend of green salsa and cheese sauce. Served with rice, lettuce and pico de Gallo. 11

**BREAKFAST BURRITO** This yummy breakfast of cooked crumbled chorizo sausage with onions, and scrambled eggs mixed throughout with spicy salsa, cheese and black beans. Topped with our house red burrito sauce. 11



# TACOS

**TACOS DEL SOL** Delightful mix of fish and fresh shrimp grilled with mango-pico de gallo savory salsa served on just made corn tortillas, with a side of rice, house special coleslaw and chipotle salsa. 14

**TACOS BARBACOA ESTILO GUADALAJARA** A traditional Mexican way of eating barbacoa is having it served on handmade corn tortilla "doraditas" (toasted) served a side of beans, fresh cilantro & onion. Can't get it wrong, this is the way to go! 13

**TACOS TROPICALES** Pork and Pineapple are the perfect food fusion cooked with grilled colored peppers and onions. Served with a side of beans, house special coleslaw, corn salsa and avocado slices. 13

**TACOS DE PESCADO** Three tilapia fillet grilled tacos on our fresh handmade corn tortillas topped with coleslaw, corn salsa and avocado slices, served with a side of white rice and chipotle sauce. 13

**SHRIMP TACOS** Three grilled shrimp tacos on our fresh handmade corn tortillas topped with coleslaw, corn salsa and avocado slices, served with a side of white rice and chipotle sauce. 13

**New! TACOS LOCOS** Two tacos filled with grilled poblano and colored peppers mushrooms, onions and chicken topped with delicious cheese sauce and lettuce. Served on soft flour shells and a side of rice. 11

**New! STREET QUESADILLAS** Two Savory grilled corn tortilla filled with cheese and Steak Served with beans, Spicy salsa & sour cream (on the side). 10

**STREET TACOS:** Served on a hand made corn tortilla, with fresh chopped cilantro & onion. Steak, Chorizo, Carnitas, Grilled Chicken 3.75 ea Lengua 4.25

May you like: Cheese, Tomato, Lechuga, .50 cents more each



# ESPECIALIDAD DE LA CASA

**CARNE AL FOGON** Tender Juicy broiled Rib Eye Steak served with grilled nopal (cactus), onions, whole pinto beans, rice coleslaw, queso fresco and a side of handmade tortillas. 16

**TAMAL EN HOJA** (From the Nahuatl: Tamalli) Is a traditional Mesoamerican dish made of masa or corn dough steamed in a corn husk. The wrapping is discarded before eating, topped one with green salsa and one with red salsa. 9

**MOLE POBLANO** (From the Nahuatl Molli: Sauce) Tender chicken breast topped with house specialty mole sauce and sesame seeds, served with white rice, coleslaw, corn salsa and a side of handmade corn tortillas. \*Consumption of mole is strongly associated with celebrations\* 13

**MOLCAJETE** Combines classic flavors of carne asada rib eye, broiled chicken breast, grilled shrimp, chorizo sausage, nopal (cactus), cambray (green) onion, jalapeño toreado and queso fresco and avocados served on top of house salsa in a molcajete stone with a side of rice, beans, coleslaw, pico de Gallo and handmade corn tortillas. "Goes well with a Michelada!" 24

**LOS TR3S CHIVOS** Tender grilled Rib Eye Steak, broiled chicken breast and grilled shrimp, served on a bed of fresh grilled veggies; peppers, onion and mushrooms, with a side of rice, beans and handmade corn tortillas. 17

**POLLO A LA CREMA** This perfectly cooked sliced grilled chicken breast with mushrooms, broccoli, pickled jalapeño topped with creamy sauce served with rice, romaine lettuce, avocado slices and corn salsa. 14

**New! CAMARONES CHIPOTLE** Grilled shrimp and mushrooms, topped with creamy chipotle sauce served with white rice, romaine lettuce, pico de Gallo and avocado slices. 15

**LENQUA EN SALSA VERDE** Covered with our house green sauce, served with rice, beans, a side of handmade corn tortillas. 15.50

**New! CAMARONES AL MANGO** Fresh sautéed shrimp topped with a delicious mango, honey spicy salsa served with white rice, romaine lettuce, pico de Gallo and avocado slices. 15

## SOPES

Corn dough small thick tortilla with favorite topping, a little bit of beans, lettuce, queso fresco, pico de gallo & sour cream.

Steak, (Chicken, Carnitas (pork) or Chorizo. 4.50 each Lengua 5

# ENCHILADAS

**LA MARTINA ENCHILADAS** Four house special enchiladas filled with beef, chicken, cheese or beans, topped with fresh lettuce, tomato and sour cream. 11

**SHRIMP ENCHILADAS** Two tasty enchiladas, filled with grilled shrimp, colored peppers, mushrooms and onions topped with our and cheese sauce, served with white rice, corn salsa, sour cream and coleslaw. 13

**SEAFOOD ENCHILADAS** Two enchiladas with grilled shrimp, imitation crabmeat, colored peppers and onion & spinach topped with house blend cheese sauce. Served with white rice, cole slaw, corn salsa, sour cream and avocado slices. 13

**ENCHILADAS VERDES** Three melted cheese enchiladas topped with house marinated pork meat and distinctive green sauce. Served with a side of beans, lettuce, tomato and sour cream 11

**ENCHILADAS BLANCAS** Two Chicken enchiladas topped with creamy delicious cheese sauce, served with white rice, coleslaw, corn salsa and sour cream. 10



## PORK

**CHILE VERDE** Traditional Fresh grilled pork tips covered with our house green sauce, served with rice, beans and a side of handmade corn tortillas. 13

**CARNITAS** Tender chunks of crisp roast pork meat topped with grilled onions and pickled jalapeños, served with rice, beans, lettuce, guacamole, corn salsa and a side of handmade corn tortillas. 14

# FAJITAS

All Fajitas have grilled onion and colored peppers. Served with rice, refried beans, coleslaw, sour cream, pico de Gallo and fresh guacamole. With a side of handmade corn tortillas.

**PIÑA FAJITA** Fresh pineapple stuffed with shrimp, fish, grilled veggies, imitation crab meat, scallops, topped with melted cheese. 19

**COWBOY FAJITA** Steak, Chorizo, Carnitas & Beef Ribs 16

**TEXAS FAJITA** Chicken, Steak, Shrimp and pineapple slices 15

**FAJITA FOGON** Steak, shrimp, chicken, chorizo sausage, mushrooms, colored peppers, topped with melted cheese. 17

Fajitas Chicken, Steak or Mixed 14

Shrimp Fajita 15.50

**PORK FAJITA** Like "Good old days" Perfect combination of pork tips, grilled pineapple and irresistible juicy veggies. 14

Make any fajita double for 12 more (Excluded Piña fajita)



# SEAFOOD

All Served with white coconut rice, coleslaw and corn salsa

**TEQUILA LIME SHRIMP JALAPEÑO** Perfect combination of fresh grilled shrimp, then combine jalapeño and colored peppers to create unique flavor! 15

**New! SALMON WITH MANGO SALSA** Deliciously grilled salmon topped with a delicious mango, honey spicy salsa. With Avocado Slices \*Salmon adds omega 3 fatty acids to your diet. 16

**CAMARONES A LA DIABLA** Delicious fresh sautéed shrimp in a hot spicy sauce. Served fresh handmade corn tortillas and a Big glass of water! 15

**CAMARONES AL ANGEL** This is the opposite of diablo spicy, (look dish above) fresh sautéed shrimp and pineapple topped with cheese sauce. 15

**TILAPIA POBLANO** Grilled tilapia fish fillet with sautéed zucchini, broccoli, onion, mushrooms, colored and poblano peppers, and shrimp and topped with cheese sauce. 16

**SHRIMP COCKTAIL** We prepare this refreshing shrimp cocktail with ketchup, tomato clamato juice, topped with additional hot sauce, avocado slices and pico de gallo served with saltine crackers on the side. 15

**SHRIMP CHIMICHANGA** Filled with grilled onions, shrimp, bell peppers, topped with cheese sauce, served with rice, beans, lettuce, sour cream and pico de gallo. 14

**New! HUACHINANGO FRITO** Deliciously fresh red snapper fried fish served with white rice, lettuce, pico de Gallo and avocado slices. 16



# EL CHICKEN

**POLLO LOCO** Tender broiled chicken breast topped with grilled onions and house cheese sauce, served with white rice, lettuce, sour cream, pico de gallo and a side of handmade corn tortillas. 14

**CHORI-POLLO** Seasoned grilled chicken topped with chorizo sausage, caramelized onions, smothered with melted cheese, served with white rice, lettuce, sour cream, pico de gallo and a side of handmade corn tortillas. 14

**BLANCA'S FAVORITE CHICKEN** Mole marinated chicken breast with perfectly grilled zucchini, onion, mushrooms, colored peppers, broccoli, served with white rice, coleslaw, corn salsa, sour cream and a side of handmade corn tortillas. 14

**POPEYE'S CHICKEN** Tender broiled chicken breast topped with grilled mushrooms, our creamy spinach cheese sauce, served with rice, coleslaw, corn salsa and a side of handmade corn tortillas. 14

**POLLO TROPICAL** Grilled marinated chicken breast topped with golden grilled pineapple slices and shrimp topped with cheese sauce, served with white rice, coleslaw, corn salsa and a side of handmade corn tortillas. 15

**POLLO CON ARROZ.** Grilled chicken on a bed of rice topped with cheese sauce. 12



# STEAKS

**TAMPIQUEÑO STEAK** Tender Rib Eye Steak with juicy broiled chicken breast and chorizo sausage topped with cheese sauce, served with rice, beans and a side of handmade corn tortillas. 16

**CHARBROILED RIB EYE STEAK** Served with house salad and french fries. 15

**STEAK JALISCO** Tender grilled steak strips with caramelized onion, pineapple and chorizo topped with cheese sauce, served with rice, beans and a side of handmade corn tortillas. 14

**CHILE COLORADO** Juicy steak strips with our special blend of red sauces served with rice, beans and a side of handmade corn tortillas. 14



# VEGETARIANOS

**POTATO BURRITO** Filled with potatoes, topped with house salsa and melted cheese served with rice and beans. 9

**MUSHROOM QUESADILLA** Golden brown cheese melted quesadilla is filled with grilled mushrooms, onions, colored peppers, served with lettuce, guacamole, sour cream and tomato. 10

**VEGGIE ZUCCHINI BOATS** Roasted zucchini, stuffed with grilled colored peppers, mushrooms, onions, broccoli & black beans topped with melted cheese and avocado, served with lettuce and sour cream & tomatoes. 10

**ENFRIJOLADAS** Four enchiladas filled with cheese. Topped with queso fresco, lettuce, sour cream and corn salsa. 10

**VEGGIE SIZZLING FAJITAS** Perfectly grilled onions, colored peppers, zucchini, broccoli, mushrooms & spinach served with rice, beans coleslaw, guacamole, pico de Gallo and fresh handmade corn tortillas. 13

**SPINACH ENCHILADAS** Three cheese enchiladas filled with grilled mushrooms, spinach and onions, topped with cheese sauce, served with white rice, coleslaw and corn salsa. 11

# T-BONES

**STEAK ACAPULCO** T-bone steak topped with grilled jumbo shrimp, onion and mushroom, served with rice, beans, and a side of handmade corn tortillas. 18

**STEAK A LA MEXICANA** T-bone Steak topped with fresh grilled jalapeño, onion, tomato, served with rice, beans and a side of handmade corn tortillas. 16

**STEAK RANCHERO** T-bone topped with house salsa ranchera, served with rice, beans and a side of handmade corn tortillas. 16

**CREAMY T-BONE** Topped with our creamy spinach cheese sauce & grilled mushrooms, served with white rice, coleslaw, corn salsa and a side of handmade corn tortillas. 17

# SALADS

**Classic Bed of greens** with onions, tomato, bell pepper and cheese 5  
Add Steak or Grilled Chicken for 4.00

**LEMON PEPPER CHICKEN SALAD** Classic bed of greens with onions tomato, bell pepper and cheese with deliciously lime pepper seasoned grilled chicken. 10

**CATRINA SALAD** Bed Romain lettuce mixed with spinach, tomato, black beans, corn, cheese and avocado slices with tender juicy charbroiled chicken breast 13

**TACO SALAD** Crispy flour shell served with your choice of ground beef or shredded chicken with lettuce, tomato, cheese and sour cream 8

**FAJITA TACO SALAD** Crispy flour shell served with your choice of grilled chicken or steak, bell pepper s & onions. Served with lettuce, sour cream, guacamole and pico de gallo 10

# KIDS

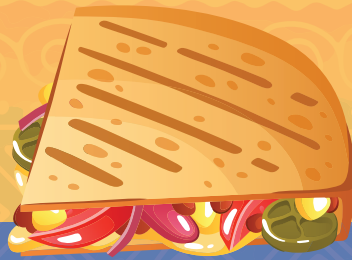
For Kids Under 12

Pick 1 side of Rice, Beans or Fries, Includes a fountain drink 5

Quesadilla, Enchilada, Taco, Burrito, Hamburger, Chicken Tender, Corn Dog or Grilled Cheese Sandwich

Kraft Mac and Cheese (No other sides)

Grilled Chicken with rice (No other sides)



# DRINKS

RUSA LIMONADA 2.50 (No refills)

PEPSI PRODUCTS 2.50

HORCHATA 2.50 (No refills)

\*MILK 2.50

\*APPLE OR ORANGE JUICE 2.50

\*NO REFILLS

JARRITOS 2.75

MEXICAN PEPSI 2.75

FLAVORED LEMONADE 2.75 (1 refills)

ALL OUR FOODS ARE MADE FROM SCRATCH  
PLEASE ALLOW US SOME TIME TO COOK IT RIGHT, THANKS

# SIDES

Pico de Gallo, Lettuce, Sour Cream, Shredded Cheese, Jalapeños, flour tortillas, Cilantro & onion, tomato 1

Corn Salsa 1.50

Mango Salsa 2.50

Chiles Toreados 3

Three handmade corn tortillas 2.50

Coleslaw 2

Rice, Beans, Fries 2

Enchiladas 2.50

Hard or Soft shell tacos 2.50

Super taco 3

Burritos 3.50 Deluxe 1 More

Grilled chicken or steak burrito topped with red burrito sauce 5.50

Tamales 3.50

Cheese Quesadillas 2.50

Chicken or beef quesadillas 3.50

Steak or grilled chicken quesadilla 5.50

Tostada 3.50

Chile Relleno 4

